

ST. GEORGE'S CATHOLIC PRIMARY SCHOOL

At St George's, God calls us by name to love,
learn and achieve together, safe in the palm of His hands.

'I have called you by your name; you are mine' Isaiah 43



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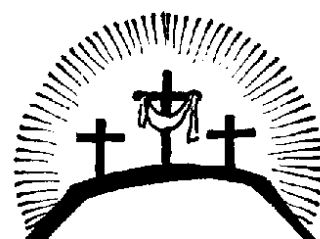
Headteacher: Mrs A. Delgado

newsletter no. 573 ~ 27th March 2026

To our wonderful community,

No one can have greater love than to lay down his life for his friends.

John 15: 13



Today is the last day of the Spring term and we begin our Easter break for the next two weeks. This is the highlight of the Church's year and we encourage everyone to attend Mass, or a service, over these three days to celebrate this display of Christ's love for us, his friends. On Good Friday, Father Brett and I will be leading a Children's Stations of the Cross service at St George's Church at 10:30am. This is a short service, lasting approximately 30 minutes, and offers children and families a meaningful opportunity to reflect on Jesus' journey to the cross. We look forward to seeing you there.

Mass Times

Palm Sunday – Saturday 28th March 6pm at St George's, Sunday 29th March ~ 8.45am at St Gregory's, 10.45am at St George's, Vespers 4.00pm at St Gregory's

Maundy Thursday 2nd April ~ Mass of the Lord's Supper ~ 8pm at St George's

Good Friday 3rd April ~ Children's Stations of the Cross 10.30am at St George's

Celebration of the Lord's Passion ~ 3pm at St George's

Holy Saturday 4th April ~ Blessing of food baskets 10am at St George's

Easter Vigil ~ 8.00pm at St George's

Easter Sunday 5th April ~ 8.45am at St Gregory's

Family Mass 10.45am at St George's

I would like to take this opportunity to wish all of you a very holy and happy Easter

Much love, Annabelle Delgado





Congratulations!

We are delighted to share the wonderful news that **Jacob** has become a big brother! Congratulations to all the family on the arrival of their newest member. We look forward to hearing all about Jacob's adventures as a proud big brother!

Stations of the Cross

Thank you to our Year 3 and Year 4 pupils for leading the Stations of the Cross so beautifully this week. The school community gathered together in the hall on Tuesday, followed by a service in church on Wednesday attended by friends and family.

Both occasions were moving and reflective, providing a special opportunity for us all to pause, reflect quietly, and pray together.

Thank you to Mrs Lawrence, Mr Sims, and all of the Year 3 and Year 4 staff teams for their support in preparing and organising the children.

Easter Card Competition

We are delighted to announce the winners of this year's Easter card competition – **Darcie** (Year 3) and **Erin** (Year 6). Well done to everyone who took part – the standard was incredibly high, and we were so impressed with all of the creativity on display. All of the children's artwork will be displayed at the church and in the school reception area, so please do take a look. Each child will also be bringing home a card featuring one of the designs on the front. Inside the card, you will find the Easter Mass times for St George's and St Gregory's churches.

Easter Bonnets

We would like to say a huge thank you to all of our parents, families and children for making our Easter Bonnet Day such a joyful and memorable occasion. The creativity on display was truly amazing, with a wonderful array of colourful, imaginative bonnets that really captured the spirit of Easter.

The children proudly paraded their creations for other classes, and it was lovely to see the excitement and smiles as everyone admired each other's designs. From bright spring flowers to cheerful chicks and bunnies, the bonnets were a perfect celebration of new life and the joy that Easter brings.

PE Days

A couple of the classes have changed their P.E days for next term (see below). The children will still come into school in their P.E. kit on P.E. days

Monday – Year 6

Tuesday – Year 5

Thursday – Years 1, 2 & 4

Friday – Reception & Year 3

Summer Uniform

When we return after the Easter break, our uniform changes from winter uniform to summer uniform. The uniform list is below.

- School embroidered polo shirt
- Tailored grey trousers/shorts (as appropriate) or skirt
- Red and white check summer dress/playsuit
- Grey or white socks
- White or navy tights
- Black shoes
- School jumper or cardigan
- School embroidered baseball/summer hat or a sunhat/cap with neck protector which is plain in design and suitable/practical for school
- Red, white, navy or black hair band/scrunchie/bow

Reading Awards

Well done to **Lucas** (St Therese) **Maddison** (St Anthony) who received their **BRONZE** reading award

Well done to the children who received their **SILVER** reading award

Mabel (St Bernadette), **Addilyn** (St Anthony)

Congratulations to the children who received their **GOLD** reading awards this week.

Baffuor (St Elizabeth), **Joseph** (St Bernadette) and **Ruby, George and Diane** (St Anthony)

Birthdays

Congratulations to **Crystal** (St Francis), **Mia, Freddie & Philippa** (St Elizabeth), **Abigail** (St Anthony), **Zayaan** (St Peter) who celebrated birthdays this week.

We also wish Happy Birthday to the children and staff who are celebrating over the Easter holidays.

Fiadh (St Francis), **Baffuor & John-Luke** (St Elizabeth) and **Mrs Geiser**





Head Teachers Award

Congratulations to this week's winners.

Eryn ~ (St Francis) ~ for working really hard to produce fantastic writing all by herself that was amazing! She has been super proud of her achievements this week.

Antoni ~ (St Therese) ~ for his continued enthusiasm in all areas and especially his fabulous performance in Rocksteady!

Baffuor ~ (St Elizabeth) ~ for being an amazing mathematician! He shows excellent recall of his times tables, and demonstrates great knowledge in all areas of maths

St Bernadette & St Joseph class ~ for a fantastic Stations of the cross performance. Well done year 3 & 4!

Diane ~ (St Anthony) ~ for demonstrating a super attitude to learn, being a lovely friend, and having excellent manners. Keep it up!

Merrie ~ (St Peter) ~ for her fantastic engagement in class this week. She has worked really hard across the curriculum and has taken part in class discussions - keep up this fantastic work!

Artist of the Month

April's artist of the month is **Edie** from St Elizabeth class. Edie created two amazing pieces of Easter artwork. The first was a clay Easter basket to hold her chocolate easter egg nest; she carefully used coils of clay to form a pot and added a handle. She then decorated it beautifully with bunnies, flowers and patterns, taking great care when painting the details. Edie also produced a lovely sewn Easter card, using a range of stitches, felt flowers and buttons. Well done, Edie!

Sporting Success!

We are delighted to celebrate an incredible achievement by **Finley** from St Joseph's class. Back in the autumn term, Finley qualified for the Essex Cross Country Finals—an impressive accomplishment in itself.

The final took place this Wednesday, where Finley delivered an outstanding performance, finishing in a fantastic fifth place overall. Even more remarkably, he lost a trainer at the very start of the race and went on to complete the entire 1200m course with just one shoe!

Finley showed exceptional determination and resilience, and we are extremely proud of his achievement. Well done, Finley!



Punctuality percentages for this week

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
98%	99%	98%	99%	97%	97%	97%

Times Table Rock Stars

Congratulations to our TOP TEN rockstars this week.

1 st	2 nd	3 rd	4 th	5 th
Kyle – Year 6	Milita – Year 4	Elijah – Year 4	Jacob – Year 2	Conor – Year 2
6 th	7 th	8 th	9 th	10 th
Baffuor – Year 2	Isla P – Year 4	Jacob – Year 4	Reuben – Year 2	Ebony – Year 4

Outside achievements Spring Term

This term, Year 5 have been proudly celebrating their achievements outside of school with Mrs Marquis and their classmates. There has been a wonderful variety of talents on display, and the children have thoroughly enjoyed sharing their successes with the wider school community.

Aviya and Ruby showcased their acting talents, performing alongside their siblings, **Reu'ven and Mia**, in *Shrek the Musical Jr.* Ruby played Young Fiona, Mia took on the role of Baby Bear, Aviya performed as Piggy No. 1, and Reu'ven appeared as Mini Shrek—an impressive achievement for all involved.

The children have also demonstrated fantastic sporting achievements beyond school. **Addilyn** has continued to excel as part of her dance and cheerleading team, competing in events across the country and achieving top three placements in many competitions. **Olivia** has also enjoyed success in dance, completing in 4 competitions, winning medals in 3 of them.

Sophie was awarded Athlete of the Week, while **Sophia** received a medal at Southend-on-Sea Cricket Club for being part of the first girls' team. She also holds a club record at Southend Athletics for the Under 11 4x100m relay. **Abigail** has also been awarded Athlete of the week during this term.

In music, **Teddy** has been working hard, recently completing his second music theory book and continuing to develop his understanding. **George** is also making great progress with his piano playing and is beginning to learn scales, including two octaves, flats and sharps.

Finally, **Sebby** has been nurturing his passion for art. Having recently begun one-to-one art lessons, he is making excellent progress and thoroughly enjoying the experience.

Well done to all of Year 5—we are incredibly proud of your achievements!



Prayers



We keep all of our community in our prayers.

We look forward to welcoming you back to school on Monday 13th April.

God Bless, *Mrs Delgado*

Diary Dates

Further activities/dates will be added as soon as they have been finalised and will be in **BOLD**

<u>Date:</u>	<u>Event:</u>
EASTER HOLIDAY ~ MONDAY 30TH MARCH – FRIDAY 10TH APRIL 2026 Friday 3 rd April ~ Good Friday Sunday 5 th April ~ Easter Sunday	
Monday 13 th April	First Day of Summer Term 2026 Year 6 Bikeability
Tuesday 14 th April	Year 6 Bikeability
Thursday 16 th April	Feast of St Bernadette
Thursday 23 rd April	St George's Day
Thursday 30 th April	Road Safety - Pedestrian Training for Years 5 and 6
Monday 4 th May	Bank holiday
w/b 11 th May	Year 6 SATS WEEK
Tuesday 19 th May	Crowning of Mary school celebration – details to follow
Wednesday 20 th May	Science Fayre 2pm
Thursday 21 st May	KS1 Cross Country – Pentecost Dash! @ St Teresa's, Rochford
Friday 22 nd May	INSET DAY ~ SCHOOL CLOSED TO PUPILS
HALF TERM HOLIDAY ~ MONDAY 25TH MAY – FRIDAY 29TH MAY 2026	
Monday 1 st June	Back to school
w/b 8 th June	Year 1 Phonics Screening
Tuesday 9 th June	KS2 Borough Sports @ Garons (afternoon session)
Wednesday 10 th June	School Class Photographs
Saturday 13 th June	Feast of St Anthony of Padua
Tuesday 16 th June	Induction afternoon for Reception 2026
Wednesday 17 th June	Year 2 Trip
Friday 19 th June	INSET DAY ~ SCHOOL CLOSED TO PUPILS
Monday 22 nd June	INSET DAY ~ SCHOOL CLOSED TO PUPILS

Wednesday 24 th June	KS2 Assisi Catholic Sports @ St Thomas More 9.30am
	St Thomas More and St Bernard's visit for Year 5 Parents @2.30pm
Friday 26 th June	St George's Celebration Day from 9am – all families welcome
Tuesday 30 th June	Year 5 & 6 End of Year Performance 1.45pm
Wednesday 1 st July	Year 5 & 6 End of Year Performance 9.15am & 6pm
Thursday 2nd July	KS1 Assisi Catholic Sports @ St Teresa's 10am – noon
Friday 3rd July	Year 6 Transition Day TBC
Tuesday 7 th July	Year 5 Taster Day
Friday 10 th July	Year 6 Leavers Assembly 9.05am
Monday 13 th July	Non uniform day for winning house team
Tuesday 14 th July	Year 6 Leavers Mass 2pm @ St George's Church
Wednesday 15 th July	Rocksteady Concert 9.30am
Friday 17 th July	Last day of term
SUMMER HOLIDAY MONDAY 20TH JULY 2026	

Food Donations needed

UHT Milk	Tea, Sugar & Coffee
Pasta sauces	Coffee
Tinned Meat	Jams & Spreads
Mayo	Tins of veggie food (macaroni cheese/ veggie ravioli etc)
Butter	Tinned Tomato
Nappies	Cereal
Wet wipes	Pasta
Crisps/ biscuits	Toiletries
Tuna Crackers	
Pot Noodles	
Instant Noodles	

St Vincent's Centre, Victoria Business Park,
Short Street, 552 SBY



What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



See full reference list on our website



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