

ST. GEORGE'S CATHOLIC PRIMARY SCHOOL

At St George's, God calls us by name to love,
learn and achieve together, safe in the palm of His hands.

'I have called you by your name; you are mine' Isaiah 43



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Headteacher: Mrs A. Delgado

newsletter no. 366 ~ 5th February 2021

To our wonderful community,



It has been wonderful to see all the activities that have been happening during Children's Mental Health week. We hope that this changed the dynamics a little, and that the children enjoyed the various tasks that centred around their well-being.

You must also prioritise your well-being during this time. Many of us are experiencing difficult feelings and emotions about the current situation. There are many online sites that are there to support children and adults, with many giving tips on staying mentally healthy. These

tips may work for different people at different times. But, try not to put too much pressure on yourself if anything doesn't feel possible right now.

Next week is the final week of this half term. Remember, do what you can and work around the whole family. If an activity is too much, take a break. Looking at the weather reports, it seems snow could well be on its way! I imagine many of you will take advantage of a 'snow day' and enjoy a few hours outside. Enjoy!

As highlighted in guidance regarding online safety, it is not recommended that children should have online meets in their bedrooms. However, if that is their work place, as designated by the parent/carer, and you are aware that your child is online, this is acceptable. It may be that you are working from home in the kitchen/lounge, or the child's room is the only quiet place.

Apologies if this has caused any confusion over the last couple of days.

As ever, if you need to get in touch, email office@st-georges.southend.sch.uk and mark it for the attention of whichever staff member you would like it passed to.

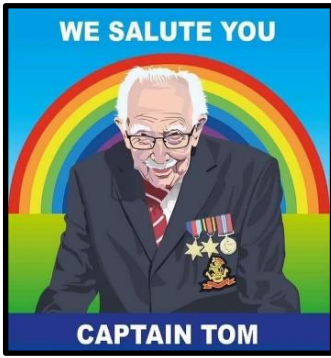
Take care and stay safe

Much love, **Annabelle Delgado**

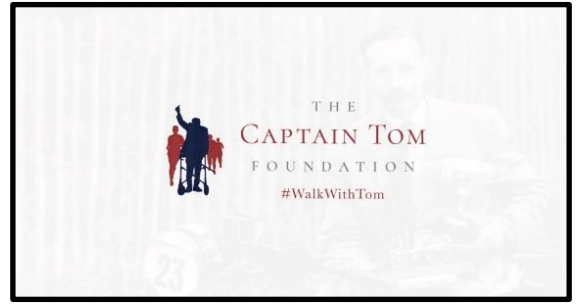


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#100orMoore
One hundred or more for
Captain Tom Moore



With the sad passing of the incredible and inspiring Sir Captain Tom Moore, someone, who despite challenges, valued the importance of physical activity and raised millions for charity. Southend Schools Partnership are challenging all the children and staff to continue his legacy by completing 100 of something.

You choose a 100 challenge that best suits you.....

You can have a go as many times as you like, challenging yourself to something different each time.

It could be 100 family miles in a month, 100 laps of your track, 100 metres of hopping, 100 minutes of jumping on a trampoline, 100 keepy ups with a bat and ball, 100 keepy ups with a ball....think creatively maybe you could wear fancy dress whilst completing your challenge.

If you would then like to donate to Tom's charity, you can donate

[HERE:](#)

Thank you Captain Sir Tom. Because of you, tomorrow will be a good day for so many more."



16th February 2021

SPONSORED PANCAKE FLIP!

Join us and see how many pancakes you can flip in a day!
Which year group will flip the most?

All money raised can be sent in via cheque, or paypal.

Friends of St Georges PTA

Please join us on Tuesday 16th February for a sponsored pancake flip. How you join in is up to you, you can collect sponsors per flip or you could pay an entry fee of £3 per child. Parents and carers are welcome to join the fun too! All monies raised will go into the schools PTA fund for future school projects. Please make sure you share your photos and videos in portrait with the school so we can all share in the excitement. Once you have finished please let your class rep know how many flips you have completed so we can see which year group flipped their way to claim the title of 'Top Flippers 2021'.



Head Teacher Awards

Ryan ~ (St Francis) ~ for really engaging well in all home learning tasks and Google Meets sessions

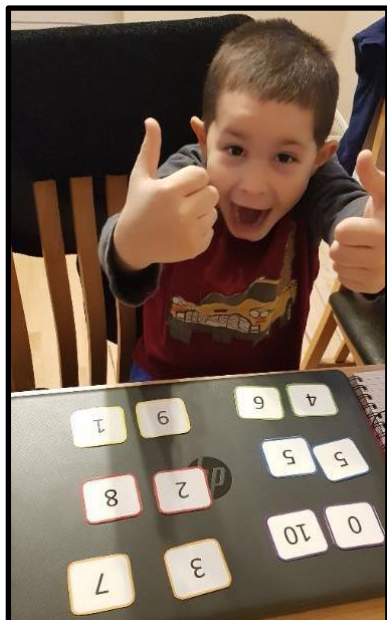
Nancy ~ (St Therese) ~ Nancy has wowed with her hard work and enthusiasm every week. Weeks into lockdown and she is still smiling and working exceptionally hard. Well done Nancy!

Oscar ~ (St Elizabeth) ~ for being so engaged and enthusiastic during our Google Meet sessions and for working incredibly hard with his home school learning. He also 'expressed himself' brilliantly in his happiness poem this week!

Oscar ~ (St Bernadette) ~ Oscar always brings positivity and a smile to our Google Meets and has demonstrated enthusiasm and hard work in all areas of home learning. Keep up the fantastic attitude Oscar!

Alicia ~ (St Joseph) ~ for working with a conscientious attitude and always giving of her best. She has produced numerous excellent pieces of work and is always keen to impress. Well done and keep it up!

William ~ (St Anthony) ~ for being a fantastic remote learner, engaging so well with all of the online activities and tasks which have been set this week. Keep up the great effort William, you are fabulous!



her
our

and
for



Zofia ~ (St Peter) ~ for brilliant contribution to blog. She has demonstrated brilliant cookery skills at home, made dishes independently her family. Well done!



Home Learning update

EYFS



Another week of fabulous learning in EYFS! Our main theme for the week has been 'Hibernation' and our story has been 'Don't Hog the Hedge'. The children have been sharing and retelling this story and then looking at rhyming words and completing rhyming sentences. They have also been thinking about which animals hibernate and have completed a sorting activity as well as a hibernation quiz on Purple Mash. Our maths work has been focusing on working with the numbers 6,7, and 8 and finding different ways of making these numbers. We have also seen some super number formation practice. Lots of the children have enjoyed some of the Children's Mental Health

week activities, in particular creating some fruit art. We even had a fabulous 'Hattie' hedgehog (from our story book) made out of pineapple-very creative! Everyone has continued to engage and work well on our Google Meets where we have been continuing with our phonics learning. Well done to all of you for your fantastic learning this week.



From Mrs Lawrence and Mrs Philips



One

Year



One continue to be focused, busy engaged in all aspects of their We have been thinking about our this week and have created posters what is special about us and what

Another lockdown week has flown by and Year and learning. wellbeing

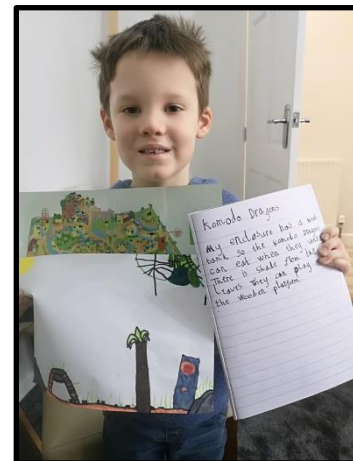
to share with each other about we like about ourselves. We



found that sometimes it's tricky to compliment ourselves so this was a good exercise! The children have also been keeping themselves fit and healthy by continuing their healthy eating, exercise and walks. We will be ready to tackle that

running mile as soon as we can! In our Science and topic work we have had an animal focus this week and chosen animals to research and design a zoo enclosure for. Through videos, powerpoints and online searching the children have found out excellent information and created brilliant designs. Well done!

The Antarctic has also been the children have also been looking at animals in the Antarctic and have been busy being



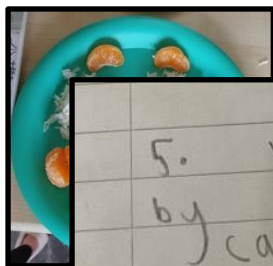
creative and making their own art too!

Our R.E. has been teaching us all about special people in the Bible and this week we found out all about Anna and Simeon. It has been a pleasure to read about how our class would bring joy to others around them after listening to the story. What a kind bunch we are!



Another week is done and I am pleased to report that we are still smiling, chatting and doing the best we can. Well done everyone!

From Mrs McLoughlin



5. We can bring joy to others by being nice to them. We can make them happy by being kind. We can play with our friends and sit next to them and talk to them.

Year Two

This week has been jam packed with having lots of fun linked around Children's Mental Health Week. George had great fun on 'Tasty Tuesday' making his fruity bees!



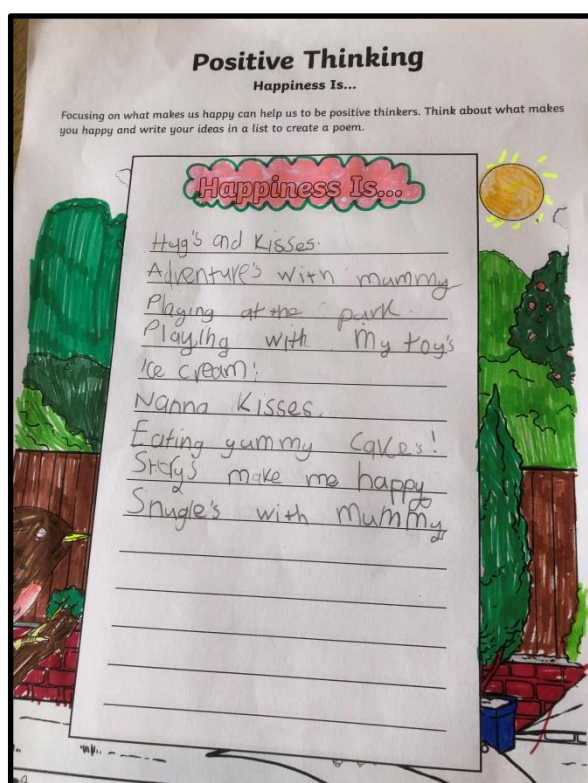
We enjoyed our first non-screen day on Wednesday and did some exciting things such as; creating healthy snacks, telling jokes, playing board games, origami and crafts! Lily enjoyed painting stones and she wrote messages underneath them for people to find when they are out walking.



At the start of the week, the children enjoyed Mrs Beale's Science lesson about John McAdam who invented a new material to build roads. They wrote some fascinating fact files about him.

The Artist of the Week theme was based on 'expressing yourself' to fit in with Children's Mental Health Week. The children drew portraits showing half of their face from the outside and the other half from the inside, detailing their thoughts, emotions and hobbies.

In English, the children had great fun making their own poems about staying positive and things that make them happy. Blossom certainly made me feel really happy, after reading her happiness poem.





This week has also been 'National Story Telling Week', so on Thursday we shared our favourite story on our Google Meet session and later in the day the children made dens and read their story to a sibling or teddy! Some children also wrote book reviews about their story.

Once again, well done to all of our Year 2 parents who have helped the children with their home learning this week and well done to the children who work so hard in our Google Meet sessions you are all superstars!

From Mrs Gillett

Year 3



We have really enjoyed celebrating Children's Mental Health Week in Year 3 with the variety of activities. I have really enjoyed taking the time to have really important discussions with the children this week but also taking the time to laugh together and have lots of fun too!



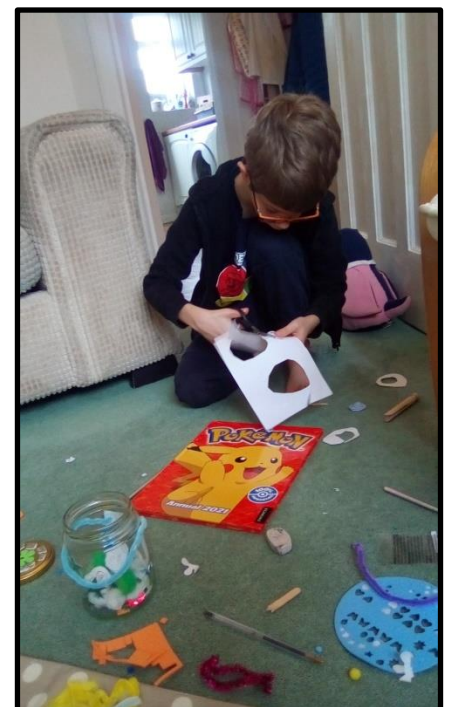
On Monday we had lots of determined children (and parents) joining in with our 'beat the teacher' challenges and proving that it's really important to never give up as we had lots of scores that improved throughout the day

and week. Another great example of resilience and building confidence can be shown in Jack's continued effort to improve on the 1km challenge from 2 weeks ago. I've seen a real boost of his own self-belief which is something we can all learn from this week to help us improve our own mental health.



On Tuesday we saw lots of fantastic artwork made from fruit: from sea turtles to wacky faces and fruit trees to horses. We also explored the theme

"express yourself" through art today. We listen to the song "Express Yourself" by Labrinth, closed our eyes and let our pens take us on a journey through the music. Each of our artwork was unique and beautiful just like us! We've also been exploring gratitude and all the different things we are thankful for. The



children gave reasons why they are grateful for their homes, friends, families and hobbies. I have to say, I am grateful for such a wonderful, hardworking and enthusiastic class who amaze me every day. Thank you year 3!

From Miss Rusz



Year 4 have been ever this week. We

Year 4



busier than we have thoroughly enjoyed the extra activities we've completed as part of Children's Mental Health week. Maths this week has been based on fractions, and in English, we have completed a range of written tasks. Our Google Meets have also centred largely around English, starting our new class text, 'The Lion, the Witch and the Wardrobe' as part of National Storytelling Week. We have also been working hard to improve our grammar and punctuation. Topic work has seen a switch from tsunamis to earthquakes, which the children have found incredibly interesting. In science, we have been learning about woodland habitats, and our R.E has seen us continue our topic on 'Giving and Receiving'.

A massive well done to those who have completed extra activities this week. We've had a variety of P.E challenges, an outstanding selection of fruit art and some hilarious jokes, all whilst considering the importance of such activities on our mental health.

Keep up the enthusiasm – you're

Thank you for your continued Sims



all superstars!

efforts. Stay safe. Mr



Year 5



Our Fabulous 5s have had a great week, really engaging in all their tasks with enthusiasm and super effort. I have been enjoying our Google Meets; we have had some wonderful discussions about our favourite books during this National Storytelling Week. I have seen many cosy reading dens in which the children have been sharing stories with brothers and sisters, teddy bears and even some cuddly pets too.



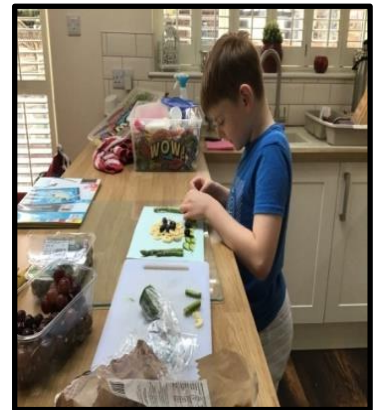
Lots of activities have filled our timetable based around Children's Mental Health Week. This started with fun and games in the Beat the Teacher PE Challenges. We have seen some amazing fruity pieces of art, delicious enough to eat and laughed out loud to some very funny jokes.

Three favourites have been: What painting is always grumpy? The Moaning Lisa (Scarlett)

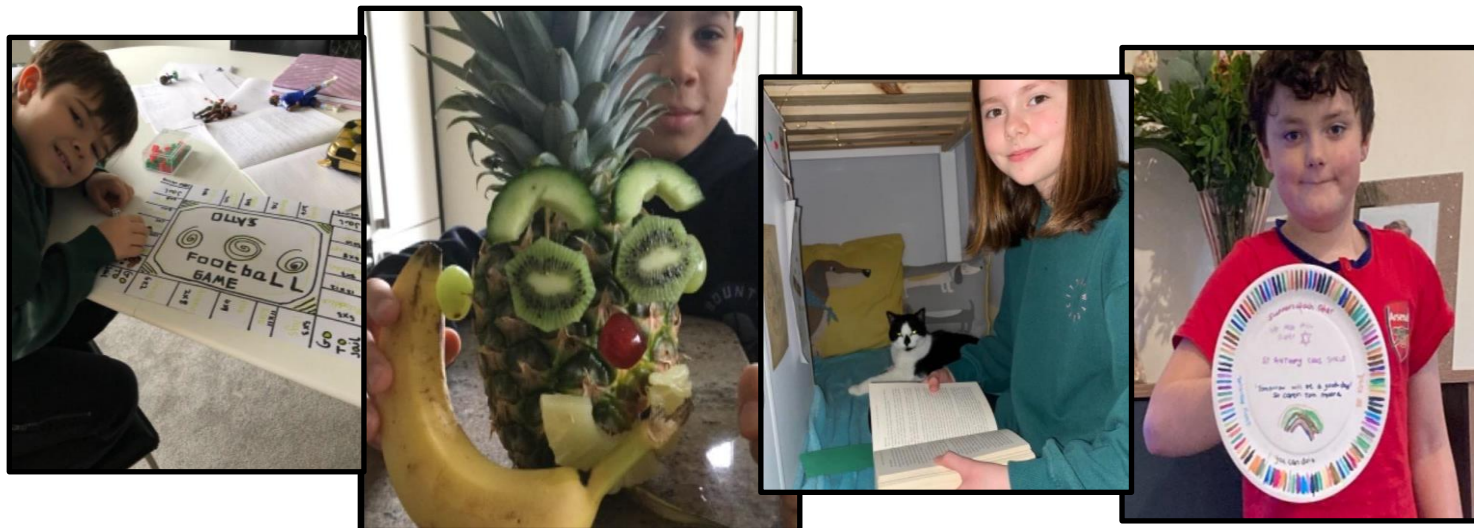
What do fish take to stay healthy? Vitamin Sea (William)

Why shouldn't you give Elsa a balloon? Because she will 'let it go' (Chloe)

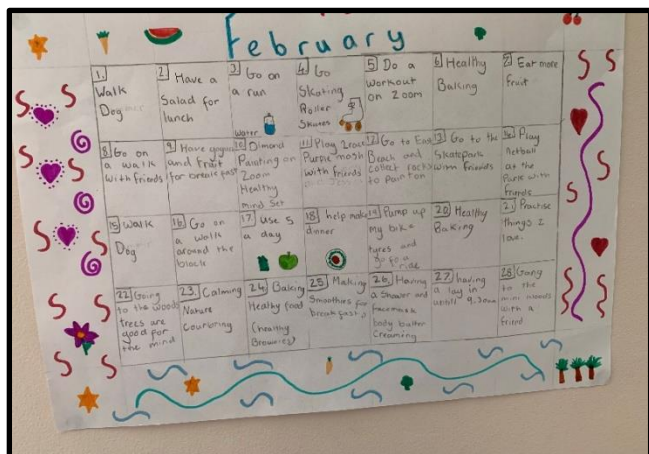
As well as making reading dens on Screen Free Day, the children have created their own multiplication Maths games and had fun playing these with family. We are planning to have a Maths Games Day when we return to our classroom. We also listened to the story of The Resilient Sloth and then designed some amazing Resilience Shields full of positive words and phrases to battle away sad or worrying



times, times when our confidence drops, when we think a task is too hard or get that 'I can't do it' feeling. St Anthony's Class continues to brighten my day, every day. Thank you each one of you and thank you to your wonderful families for all the continuing support and kind words. Take care, stay safe. From Mrs Howell

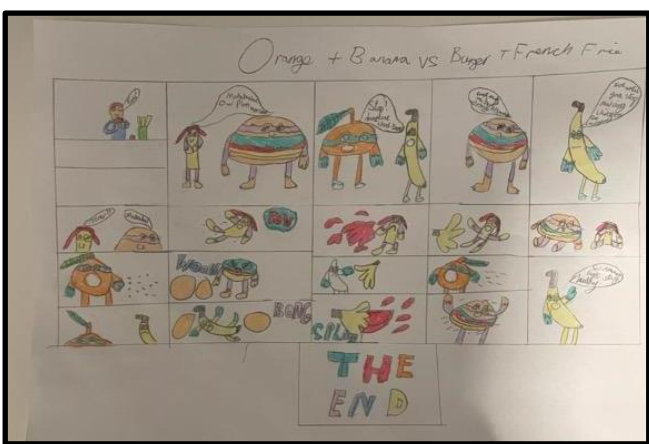


Year 6



It has been a lovely week changing the focus of our Google Meets and activities, to reflect children's mental health week. The children produced cartoon hero characters ideal for younger children, to help promote healthy living, and took on the role as Prime Minister and wrote a manifesto, to help promote a healthier Britain! Some even designed a one-month healthy living plan, which included a number of activities to promote physical and

mental health. It was also lovely to see a range of artwork that expresses their individual personalities. Furthermore, the children had the task of personifying emotions during a Google Meet. They discussed ideas of what clothes each emotion would wear and how they would speak. It was a pleasure hearing their ideas. As always, thank you for your fabulous contributions during our Google Meets and our



purple mash blog.

We both wish you all a lovely weekend and we look forward to seeing you next week, during our Google Meets.

Take care, Mrs Sayer & Mrs Bracknell

Miss Ruz's Sports Performer



Ernie for being a great participant in our sporting challenges this week. He recorded very good scores, but showed great perseverance and determination to keep improving. A fantastic example of resilience Ernie, very well done.

Miss Ruz

Mrs Gillett's Artist of the week

The artwork this week was based on the theme of 'Express Yourself' to fit in with Children's Mental Health Week. I have loved looking through the variety of work including things like self-portraits, posters and collages. It has made it impossible to pick just one winner, so this week I have picked a winner from each class! Well done to all of you!

Mrs Gillett

Sophia ~ St Francis Class

Nancy ~ St Therese Class

Katarina ~ St Elizabeth class





Isis ~ St Anthony Class
Charlotte ~ St Peter Class



Mrs Philips Reading Awards

Well done to our readers this week.

Congratulations to the children who have earned their SILVER reading certificates this week:
Beatrice, Blossom, Padmé, Lyla & Heidi (St Elizabeth),

Mrs Philips

Mrs Bracknell's STEM challenge

This week the children had the task of creating a boat, only from kitchen foil. Their challenge was to see how many coins their boat could hold, before it started to sink.

There have been a large number of entries this week and I have been so impressed with the fabulous investigative skills, which the children have shown in this week's challenge.

This week's winner made a boat that could hold over 151 coins! Well done Hannah

For the next STEM challenge, click on the following link:

<https://stgeorges-cps-southend.primarysite.media/media/stem-challenge-5221>

Closing date for entries is Thursday noon.

Mrs Bracknell



Mrs Lawrence's Prayer Corner

At St. George's, prayer is an essential part of daily life. Although we cannot be altogether and pray at the moment, it might be nice to have opportunities write prayers while at home or have someone to pray for. Now, more than ever prayers are something that keep up our faith and strength in God. Therefore I would like to invite all children to write their own prayers and upload them onto the prayer blog on Purple Mash. Each week I will select a prayer to be featured in the school newsletter for the whole school to pray at home with their families. At such a difficult time the children also have the opportunity to add any prayer intentions to the

blog which will also be included in the newsletter. These could be of friends or family members.
I look forward to reading all of your prayers and intentions over the next week.

Mrs Lawrence

Prayers



We continue to pray for our family, our friends and our community.

Have a wonderful weekend,

God Bless,

Mrs Delgado