



# ST. GEORGE'S CATHOLIC PRIMARY SCHOOL

At St George's, God calls us by name to love,  
learn and achieve together, safe in the palm of His hands.

*'I have called you by your name; you are mine' Isaiah 43*



Eagle Way, Shoeburyness, Essex SS3 9RN.

Telephone: 01702 293522

Email: [office@st-georges.southend.sch.uk](mailto:office@st-georges.southend.sch.uk) Website: [www.sgcps.co.uk](http://www.sgcps.co.uk)

Headteacher: Mrs A. Delgado

newsletter no. 404 ~4<sup>th</sup> February 2022

Dear Parents and Carers,

## Children's Mental Health Week 7<sup>th</sup> – 11<sup>th</sup> February 2022



We are very much looking forward to Children's Mental Health week next week. As I said last week, this year's theme **Growing Together**. Place2Be is encouraging children (and adults) to consider how they have grown, and how they can help others to grow. The children will be participating in activities linked to **Nutrition** (food and mood), **Movement** (breathing) and **Mindset** (resilience and tolerance).

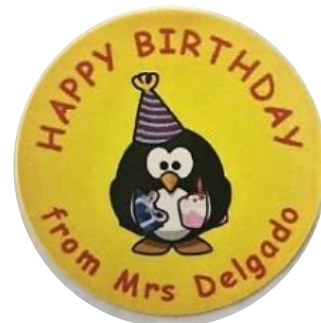
We look forward to sharing their work with you during that week. The children will be invited to 'Dress to Express' on Friday 11<sup>th</sup> February – an opportunity for them to dress in clothes that reflect their mood, their personality or just a comfy outfit!

### February 2022

Mon 7 <sup>th</sup>	Start of Children's Mental Health Week
Thu 10 <sup>th</sup>	Year 1 Class Assembly 9.05am PARENTS, CARERS AND FAMILY WELCOME! (LFT testing is recommended but not compulsory for entry)
Fri 11 <sup>th</sup>	Dress to Express day
HALF TERM MON 14 <sup>TH</sup> FEB – FRI 18 <sup>TH</sup> FEB	

## Birthdays

Congratulations to Harry (St Francis), Addilyn & George (St Therese), Kieran (St Joseph), Leah (St Anthony) and Mrs Archer-Zeff who are celebrating their birthdays this week.



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*Registered number 7696989'.*



### Head Teacher Awards

*Well done to all the children recognised for their achievements this week.*

*Rosie S. ~ (St Francis) ~ for greater confidence in all activities and for fantastic engagement in phonics sessions. Well done!*

*Ezinne ~ (St Therese) ~ Ezinne has been a superstar this week. She has grown in confidence, independence and resilience. Great job, Ezinne!*

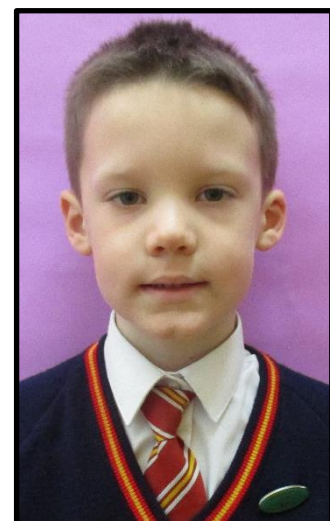
*Aaron ~ (St Elizabeth) ~ for making fantastic progress in all areas of the curriculum and showing a very mature and independent approach to his work.*

*Lily ~ (St Bernadette) ~ Lily's hard work and effort shines through in all that she does. We are especially proud of how beautifully presented her work is and always paying extra attention to detail. Well done Lily!*

*Jacob ~ (St Joseph) ~ for working with increased focus and independence. Jacob takes pride in his work and he is becoming more confident. Well done, Jacob!*

*Leah ~ (St Anthony) ~ for being an enthusiastic learner and a kind friend, a wonderful role model. Leah's big smile always brightens our day.*

*Tom ~ (St Peter) ~ for his brilliant performance in his most recent arithmetic tests! Keep up the fantastic work!*



## Artist of the Month

This month's Artist is from St Francis class. The children were asked to paint animals from cold places and Isla P. produced a perfect penguin! Well done, Isla.

## Sports Award

Well done to our winners of the sports award this week.

Theodore from St Anthony's class was chosen for working brilliantly as both a soloist and group performer in this week's Dance lesson. He created fantastic routines by listening carefully to the rhythms used in the different styles of music. His movement and steps demonstrated excellence throughout the lesson. Well done Theodore.

Mia, also from St Anthony's class stood out for her fantastic interaction in group work as well as creating her own solo style. She listened well to others and appeared to really enjoy the music in our Dance lesson, enabling her to make so much improvement. Great work Mia!

## Reading Awards

Congratulations to the children who have earned their bronze reading certificates this week:

**Amaya, Pati & Nancy** (St Elizabeth), **Isabelle** (St Joseph)

and **Satya & Klaudia** (St Anthony) and **Ernie** (St Peter)

...and those who were awarded their silver reading certificates:

**Jason** (St Francis), **Meredith, Damian, Sinela & Nathan** (St Elizabeth),

**Katarina, Lily & Vince** (St Bernadette)

## CYCLE TRAINING FOR FEBRUARY HALF TERM

Forward Motion are delivering a cycle training programme between 14 to 18 February 2022 at Belfairs Academy, Leigh on Sea and Southchurch Park. Times of sessions vary.

We are offering learn to ride sessions as well as Level 1, 2 and 3 Bikeability. The trainee must be able to bring along a bike and a helmet to the session.

### **What is Bikeability?**

Level 1 is for children aged 6 years of age and over that can ride a bike unaided. The syllabus covers safe starts and stops, signalling, looking over the shoulder, swerving and stopping the bike quickly with control. Level 2 is for children aged 10 years of age and over and who have good control of a bike. The syllabus covers starting and stopping a journey on the road, passing a parked vehicle, road positioning and what to do at a T-junction.

Level 2 is for children aged 10 years of age and over and who have previously completed Level 2. The syllabus covers cycling on busier roads, filter lanes, traffic light, roundabouts as well as route planning.

### **Learn to Ride**

These 45 minutes sessions are on a 1:1 basis and are aimed at children aged 4 years and over that cannot ride a pedal bike unaided.

To book a session or for more details please email [elaineswallow@southend.gov.uk](mailto:elaineswallow@southend.gov.uk)

Prayers

Please remember all in our community who need your prayers at this time.

God Bless,

*Mrs Delgado*