



At St George's, God calls us by name to love,
learn and achieve together, safe in the palm of His hands.

'I have called you by your name; you are mine' Isaiah 43

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Dear Parents,

A huge welcome back!

It was FANTASTIC to welcome the children and families back this week. It has been wonderful to have the routines back which build community, relationships and time spent with others. I was very excited to plan events for the year that children can enjoy, and parents & carers can attend. A full list of the diary dates will be in next week's newsletter. I look forward to a fabulous year where we will celebrate together and support one another. I hope to catch up see all of you, at some point, over the next couple of weeks – even if it is only a smile and a wave!

It has been a busy first week back, especially as we welcomed lots of new people into St George's family. Mrs Bowie joined the Year 5 team as a learning support assistant and Ellouise became the newest member of Year 6.

Our first 2 groups of reception children also joined us. Hello and welcome to:

*Elijah, Keziah, Willow, Raymond, Macy-Rose, Lily, Jason,
Nathanael, Ebony-Hope, Harry, Isla, Rosie, Isla, George, Eva,
Melissa & Milita.*



Mrs Lawrence, Mrs Phillips and the EYFS staff were amazed at how well they settled; it was as if they have always been here! The remaining children arrive next week – we can't wait for a full house!

Congratulations

It was great to start the new year off with the wonderful news that Mr and Mrs Sims have a new baby daughter, Beatrice. Mr Sims shared a wonderful photo of Beatrice and her big sister, Phoebe, with us. Congratulations to all the family!

As we return we pray that our community is safe and healthy. To prevent any outbreaks in the school, we ask that all parents and carers to follow the guidance below.

If someone in your household tests positive for COVID, the household, including children will need to be tested due to close contact. If the result is negative, the child/ren can return to school. It is strongly advised that the children are tested daily, using lateral flow tests (freely available from a range of shops, including Asda) as the virus can have different infection periods. If we have a positive case within a class, parents/carers will be informed. We ask that you monitor your child and if there are no symptoms, they can be in school. If parents/carers spot any symptoms, however mild, please test using a PCR test. Your child should stay at home and not have visitors (self-isolate) until you get the test result – they can only leave home to have the test. <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/> Do not hesitate to contact the school if you are unsure of symptoms and would like further guidance.

Dates for your diary for next week

Mon 13th

Multi-sports for Year 1 & 2 before school 8am – children to wear school P.E. kit. Please come through Reception/KS1 gate onto the playground
Year 3 Parents Meeting 2.45pm – please enter through side entrance next to car park (community suite entrance)
Southend United after school club Years 1, 2 & 3 – children to wear school P.E. kit. Children to be collected from Shoebury Park

Tue 14th

Cross Country KS2 running club before school 8am – children to wear school P.E. kit. Please come through Reception/KS1 gate onto the playground
Year 5 Parents Meeting 2.45 pm – please enter through side entrance next to car park (community suite entrance)

Wed 15th

Multi-sports Year 3 & 4 before school 8am – children to wear school P.E. kit. Please come through Reception/KS1 gate onto the playground
Year 5 & 6 football club – children to wear school P.E. kit. Children to be collected from Shoebury Park

Thu 16th

Multi-sports for Year 5 & 6 before school 8am – children to wear school P.E. kit. Please come through Shoebury Park gate onto the playground
Year 1 Parents Meeting 2.45pm – please enter through side entrance next to car park
Southend United after school club Years 4, 5 & 6 – children to wear school P.E. kit. Children to be collected from Shoebury Park

Fri 17th

Flu Immunisation for children – parents/carers would have already booked
Year 2 Parents Meeting 2.45 pm – please enter through side entrance next to car park (community suite entrance)

Parent Information Meetings

There will be parent meetings for years R – 6 over the forthcoming weeks. They will take place in the class at 2.45pm (2.30pm for Reception parents) and will last no longer than 15 minutes. Parents are welcome to wear face coverings as it is inside and we strongly encourage all parents to be there as key information for the year is shared.

The dates are:

Monday 13th September ~ Year 3 ~ 2.45pm

Tuesday 14th September ~ Year 5 ~ 2.45pm

Thursday 16th September ~ Year 1 ~ 2.45pm

Friday 17th September ~ Year 2 ~ 2.45pm

Monday 20th September ~ Year 6 ~ 2.45pm

Wednesday 22nd ~ Reception class ~ 2.30pm

Reading Awards 2021-22

To positively encourage reading at home, the reading reward system will start again from next Monday. Over the course of this year, there will be the opportunity for your child to earn certificates of achievement, once they complete a certain number of reads with a relevant comment by a parent or adult that your child has been reading to. As the children move into Years 5 and 6 and become more independent readers, this comment may be written by your own child around what they particularly enjoy, or a word or phrase that they needed to check to meaning of.

Each class teacher will keep a track of parent/child comments, in addition to the support we give for reading at school, and will ensure that once 50 (Bronze), 100 (Silver), 150 (Gold), 200 (Diamond) and 250 (Super Reader) are completed, a reward will be given in our weekly celebration assembly. It would be fantastic to award every child in the school a certificate and sticker. Happy reading everyone!

Lunches

As a school we promote healthy eating and healthy lunches for all our children. For a child to grow and develop properly, it is vital that they are eating a suitable diet. An example of a healthy lunchbox should:

- be based on [starchy carbohydrates](#) (bread, potatoes, rice, pasta)
- include fresh fruit and vegetables/salad
- include a source of protein such as [meat](#), fish, eggs, cheese (or dairy alternative)
- include a side dish such as a low-fat and lower-sugar yoghurt (or dairy alternative), tea cake, fruit bread, plain rice/corn cakes, homemade plain popcorn, sugar-free jelly
- include a still drink such as water, sugar-free or no-added-sugar drinks

It may be that children have the occasional packet of crisps or a chocolate covered biscuit etc, but it should not contain sweets, pure chocolate bars (such as Dairy Milk, Wispa etc), fast food or highly processed/high saturated fat content, as all of these are directly linked to obesity and future health issues, such as diabetes. Lunch boxes are regularly monitored to ensure that the

children have enough to eat and are eating the right types of food and with 210 to check, we would appreciate your support in not including unsuitable items.

Infant Lunches

Don't forget that we need to receive your order by Wednesday for the following week. If not, we will presume that you wish to provide lunch for your child. We cannot process orders after Wednesday as the completed orders have been sent to our supplier. Thank you in advance for your support. If you have any queries about the lunches, please contact the office.

You access the order form on the school website www.sgcps.co.uk

Healthy Snacks

Just a reminder that all infant classes receive fruit or vegetables to encourage healthy eating. Juniors can also bring in a healthy snack for break time.

Nuts

We have children at St. George's who have severe anaphylactic allergies triggered by peanuts and other nuts. The key to preventing an anaphylactic reaction is to avoid exposure to the trigger. Please do not send foods containing nuts or peanuts to school. This includes Nutella spread and peanut butter.

Children being collected from school

If you are not able to pick your child up from school, please write a short note to your child's class teacher outlining the collection arrangements at the end of the school day. If it is a regular arrangement, one letter will suffice for the whole year. It would also be useful, where possible, if you could introduce the adults that are to pick up your child in your absence. If your child is in Year 6 and walking home, we also need a letter confirming this.

Uniform

Thank you for sending your children back to school so smartly dressed on the first day of term. Could you please check that all the children's items are named as we already have a few items which have been found unmarked.

If you need to order uniform, follow the link via the website or click on the link below

<https://www.em-it.co.uk/shop/>

Just to remind all parents that on health and safety grounds, we do not allow children to wear any jewellery in our school, including earrings. If your child had their ears pierced during the summer holiday and the healing process is still not complete by the time school starts again in September, we ask that you use micro pore tape or plasters to cover each ear to minimise the risk of the earring being caught and tearing the soft lobe or penetrating the bone behind the ear should there be unintentional contact during the school day. The wearing of earrings may also prevent the child from taking part in physical activities, both in curriculum time and extra-curricular activities.

With regards to hair, we ask that hairstyles are in line with our uniform policy. Short hair should be uniform in length, across the head, with no parts left significantly longer than others and children with shoulder length hair or longer must have it tied back. The school colours for hair accessories are red, navy, white or black. Children should not wear any fixatives, hair gel/spray etc in their hair. Thank you in advance for your support.

Birthdays

Congratulations to everyone who has celebrated a birthday since the beginning of September:

Ruby, Aviya & Ellie (St Therese),

Harry S. & Beatrice (St Bernadette) & Honey & Mia (St Joseph), Cillian (St Peter)

and Sophie who will be joining St Francis class next week.

Head Teacher Awards

Well done to all the children recognised for their achievements this week.

Sonny ~ (St Therese) ~ for a fantastic start to Year 1. Sonny has settled in so well and is working very hard. Well done, Sonny!

Erin ~ (St Elizabeth) ~ for working extremely hard and settling into Year 2 very happily and confidently.

Lyla, Rosie & Robyn ~ (St Bernadette) for being so knowledgeable about St Joseph that they were able to teach and help their classmates. What outstanding friends!

Harry ~ (St Joseph) for starting the new school year with incredible enthusiasm and focus. He has really impressed with his behaviour and desire to do well. Well done, Harry!

Satya ~ (St Anthony) ~ for having a fantastic attitude and focus at the beginning of this school year. What a great start. Keep it up Satya!

Ellouise ~ (St Peter) ~ for a fantastic start to St. George's and year 6! Well done!

Have a lovely weekend,

God Bless,

Mrs Delgado



Parish Welcome Back

Picnic!



WHEN - Sunday the 12th September - 12:00 to 3:30

**WHERE - The grounds at St Gregory's, The Broadway
Thorpe Bay**

We've got the Drinks - the cakes - the plates - the tables - some children's games and a Bouncy Castle!

The essential ingredient is YOU + your Picnics and chairs.

We really are looking forward to welcoming you to share a drink, a Nibble, and a chat with your Parish friends.

It would be great if you're able to bring a Cake to share.

Large or small - Homemade or bought it doesn't matter. It's the sharing that counts!

We can't wait to see you there!

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