



ST. GEORGE'S CATHOLIC PRIMARY SCHOOL

At St George's, God calls us by name to love,
learn and achieve together, safe in the palm of His hands.

'I have called you by your name; you are mine' Isaiah 43

Eagle Way, Shoeburyness, Essex SS3 9RN.

Telephone: 01702 293522

Email: office@st-georges.southend.sch.uk Website: www.sgcps.co.uk

Headteacher: Mrs A. Delgado

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Dear Parents and Carers,

Children's Mental Health Week 7th – 11th February 2022



For this year's theme **Growing Together**, Place2Be is encouraging children (and adults) to consider how they have grown, and how they can help others to grow. The children will be participating in activities linked to **Nutrition** (food and mood), **Movement** (breathing) and **Mindset** (resilience and tolerance). We look forward to sharing their work with you during that week. The children will be invited to 'Dress to Express' on Friday 11th February – an opportunity for them to dress in clothes that reflect their mood, their personality or just a comfy outfit!

Government updates

Fortunately there are no significant changes to the daily routine at St George's, in light of the recent guidance from the government. Adults have the option to continue to wear a face covering at drop off and pick up, and regular LFT testing is still highly recommended. We will continue to send a letter to parents and carers informing you of any positive cases, and will continue to contact parents and carers if their child is unwell, or is displaying COVID like symptoms. As ever, I thank you in advance for your support throughout this time.

February 2022

Fri 4 th	Start of Winter Olympics in Beijing
Mon 7 th	Start of Children's Mental Health Week
Thu 10 th	Year 1 Class Assembly 9.05am PARENTS, CARERS AND FAMILY WELCOME! (LFT testing is recommended but not compulsory for entry)
Fri 11 th	Dress to Express day

HALF TERM MON 14TH FEB – FRI 18TH FEB



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Head Teacher Awards

Well done to all the children recognised for their achievements this week.

Jason ~ (St Francis) ~ for his positive attitude to learning and improved concentration

Pippa ~ (St Therese) ~ for always being a superstar with fantastic listening and attention in every activity. Pippa has also made us very proud with how brave she has been, especially at lunchtimes.

Nancy ~ (St Elizabeth) ~ for her fantastic description of a fairy-tale castle. Nancy used her phonic skills well to write independently and she also included lots of adjectives! Keep it up!

Heidi ~ (St Bernadette) ~ Heidi is amazing! We have been so impressed by her consistent hard work, effort and determination to challenge herself to be the best that she can be. Well done Heidi!

Matthias ~ (St Joseph) ~ for being a brilliant role model. He behaves impeccably and always works conscientiously. Well done, Matthias!

Declan ~ (St Anthony) ~ for his fantastic creativity in art and music this week and also for writing an outstanding diary entry as a Victorian schoolboy. Keep up this amazing attitude to your learning Declan, you are a superstar!

Cillian ~ (St Peter) ~ for being an outstanding learner this week. He has shown more independence in his writing and has made thoughtful contributions to our class discussions this week. Keep up the great work!



Sports Award

Well done to our winners of the sports award this week.

Our first recipient is **Cillian** from St Peter's Class. Cillian is always enthusiastic in netball club and it's great to see that his technique is improving each week because of the effort he puts in.

Our second winners this week are **Merrie and Elise** from St Elizabeth's class. Merrie was chosen for her performance in gym this week; her fantastic ability to perform a perfect straight jump from a bench and land beautiful with great flexibility made her the standout choice.

Elise was chosen as the improver for this week for her amazing coordination when performing her sequence of interesting starter shapes, travelling movements and a brilliant straight jump.

Congratulations to all three of you!

Reading Awards

Congratulations to the children who have earned their bronze reading certificates this week:

Harry & Victoria (St Francis), **Lyla** (St Bernadette) **Honey & Jacob** (St Joseph)
and **Ellie** (St Anthony)

...and those who were awarded their silver reading certificates:

Lily, Finley & Emilia (St Francis), **River-Jane & George** (St Therese),
Ronnie C. & Erin (St Elizabeth), **Rosie** (St Bernadette) and
Jacob R. (St Anthony)

Birthdays

Congratulations to **Ellie** (St Joseph) who is celebrating her birthday this week.

CYCLE TRAINING FOR FEBRUARY HALF TERM

Forward Motion are delivering a cycle training programme between 14 to 18 February 2022 at Belfairs Academy, Leigh on Sea and Southchurch Park. Times of sessions vary.

We are offering learn to ride sessions as well as Level 1, 2 and 3 Bikeability. The trainee must be able to bring along a bike and a helmet to the session.

What is Bikeability?

Level 1 is for children aged 6 years of age and over that can ride a bike unaided. The syllabus covers safe starts and stops, signalling, looking over the shoulder, swerving and stopping the bike quickly with control.

Level 2 is for children aged 10 years of age and over and who have good control of a bike. The syllabus covers starting and stopping a journey on the road, passing a parked vehicle, road positioning and what to do at a T-junction.

Level 2 is for children aged 10 years of age and over and who have previously completed Level 2. The syllabus covers cycling on busier roads, filter lanes, traffic light, roundabouts as well as route planning.

Learn to Ride

These 45 minutes sessions are on a 1:1 basis and are aimed at children aged 4 years and over that cannot ride a pedal bike unaided.

To book a session or for more details please email elaineswallow@southend.gov.uk

Prayers



Please remember all in our community who need your prayers at this time.

God Bless,

Mrs Delgado