

# ST. GEORGE'S CATHOLIC PRIMARY SCHOOL

At St George's, God calls us by name to love,  
learn and achieve together, safe in the palm of His hands.

*'I have called you by your name; you are mine' Isaiah 43*



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Headteacher: Mrs A. Delgado

newsletter no. 576 ~ 8<sup>th</sup> May 2026

To our wonderful community,



## Congratulations

Congratulations to Jazmin from St Anthony's class, Alissa from St Bernadette's class, and their little brother Nihal, who were baptised last weekend at St George's Catholic Church by Father Brett. Jazmin shared that it was a very special day for their family, and both she and her sister wore beautiful special dresses for the occasion. We send them our prayers and best wishes as they continue their faith journey.

Lord Jesus,

Bless these children today as they are  
baptised.

Surround them with Your love, guide  
them in Your light,  
and help them grow in faith and joy all  
their days.

Amen.



## Head Teachers Award

*Congratulations to this week's winners.*



*Darcy ~ (St Francis) ~ Darcy has been super keen to have a try at all the work we have needed to do with a smile on her face. She has tried really hard and it shows in the beautiful writing she has produced. Well done, Darcy.*

*Matilda ~ (St Therese) ~ for having a great week and always trying her best with creative writing, beautiful handwriting and excellent effort*

*Violet S. ~ (St Elizabeth) ~ Violet produced a very thoughtful poster to encourage food donations for the Hungry Cupboard, showing great kindness and consideration for others. She also always demonstrated lovely manners. Well done, Violet!*

*Dejani ~ (St Bernadette) ~ for working with focus and enthusiasm this week, particularly in maths. Well done, Dejani.*

*Isla ~ (St Joseph) ~ for excellent work in English lessons, including accurate use of paragraphs. Her work is beautifully presented and a pleasure to read. Well done, Isla!*

*Megan ~ (St Anthony) ~ for working hard in all areas of the curriculum and for being a wonderful supportive friend.*

*St Peter's Class ~ for working so hard in the build up to, and during SATS. The whole class have made fantastic progress over the year so far, and the class team are so very proud of them.*

*Iris-Ivy ~ (St Peter) ~ Iris-Ivy has been a wonderful pupil to teach and know during her time at St George's. She has brought smiles and laughter to us all and, above all, made us incredibly proud. Through her kindness and caring nature, she will be greatly missed by both children and adults alike. We wish her every success and happiness in the future.*

### *Dates for your diary*

Monday 18<sup>th</sup> May

Tuesday 19<sup>th</sup> May

Wednesday 20<sup>th</sup> May

Thursday 21<sup>st</sup> May

Friday 22<sup>nd</sup> May

Junior Music festival practice @ Hamstel

Crowning of Mary celebration

Science Fair – 2.15pm – Families warmly welcome

Pentecost Dash – Reception and key stage 1 cross country event @ St Theresa, Rochford 10am start

INSET DAY – school closed to pupils

**HALF TERM – MONDAY 25TH – FRIDAY 29TH MAY**

### Key Stage 1 Quad Kids

Today our Key Stage 1 Quad Kids team were in action, and what a fantastic performance it was! Every child gave 100%, and thanks to this monumental effort, the team finished third overall and proudly earned a bronze medal. Both Mrs Geiser and I were incredibly proud of the entire team, as were the fantastic supporters whose enthusiastic encouragement undoubtedly helped inspire the children to a top-three finish. Well done to: **Baffuor, Reuben, Noah, Conor, Olivia, Melissa, Sophie & Hallie-May**



### Pilgrimage Walk 2026

This morning, six of our Year 3 children took part in the annual pilgrimage walk. This special event brings together schools from across the Assisi Catholic Trust, with children walking together as witnesses to Christ in our world. The children were wonderful ambassadors for our school, and I would like to thank Mrs Rutter and the children's families for their support and encouragement throughout the walk.



### Crowning of Mary

On Tuesday we will be crowning Mary, Mother of Jesus. Traditionally we bring flowers to the celebration and the children have been busy making their own but fresh flowers are always special, so if anyone would be able to donate a small bunch of flowers from their garden please bring them in on Tuesday morning.

### Reading Awards

Well done to the children who received their **SILVER** reading award

**Ava** (St Bernadette)

And congratulations to the children who received their **DIAMOND** reading award this afternoon, marking 200 reads

**Lacey-May** (St Elizabeth) **Joshua & Joseph** (St Bernadette)

### TTRS Awards

Well done to everyone who made it into the top ten Whole School showdown this week Starting today, we have the chance to compete with other schools in the Assisi Catholic Trust so all your points earned will help us to be the best in the Trust. The competition runs from today to Next Friday.

1st	1st	3rd	4th	5th
Sophie - Year 5	Abigail - Year 5	Jacob - Year 2	Reuben - Year 2	Tabitha - Year 4
6th	7th	8th	9th	10th
Alex - Year 5	Ellie - Year 5	Kyle - Year 6	Conor - Year 2	Harry - Year 4

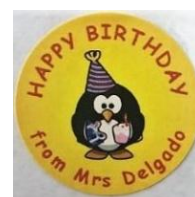
Winning class this week is St Anthony with 4 players in the top ten. Well done!

### Punctuality percentages for this week

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
96%	95%	98%	99%	98%	98%	100%

### Birthdays

Congratulations to **Darcie** (St Bernadette), **Willow & Macy-Rose** (St Peter) **Miss Parker** and **Mrs Bracknell** who are celebrating birthdays this week.



### Prayers



We keep all of our community in our prayers. We especially pray for Sophie in St Anthony's class, whose grandma, June, who sadly passed away this week. May God's love and peace surround Rachael and the whole family at this difficult time, bringing them comfort, strength, and hope in the days ahead.

Diary Dates

Further activities/dates will be added as soon as they have been finalised and will be in **BOLD**

<u>Date:</u>	<u>Event:</u>
Tuesday 19 <sup>th</sup> May	Crowning of Mary school celebration – details to follow
Wednesday 20 <sup>th</sup> May	Science Fayre 2.15pm
Thursday 21 <sup>st</sup> May	KS1 Cross Country – Pentecost Dash! @ St Teresa's, Rochford
Friday 22 <sup>nd</sup> May	INSET DAY ~ SCHOOL CLOSED TO PUPILS
<b>HALF TERM HOLIDAY ~ MONDAY 25<sup>TH</sup> MAY – FRIDAY 29<sup>TH</sup> MAY 2026</b>	
Monday 1 <sup>st</sup> June	Back to school
w/b 8 <sup>th</sup> June	Year 1 Phonics Screening
Tuesday 9 <sup>th</sup> June	KS2 Borough Sports @ Garons (afternoon session)
Wednesday 10 <sup>th</sup> June	School Class Photographs
Thursday 11 <sup>th</sup> June	Junior Music Festival
Saturday 13 <sup>th</sup> June	Feast of St Anthony of Padua
Tuesday 16 <sup>th</sup> June	Induction afternoon for Reception 2026
Wednesday 17 <sup>th</sup> June	Year 2 Trip
Friday 19 <sup>th</sup> June	INSET DAY ~ SCHOOL CLOSED TO PUPILS
Monday 22 <sup>nd</sup> June	INSET DAY ~ SCHOOL CLOSED TO PUPILS
Wednesday 24 <sup>th</sup> June	KS2 Assisi Catholic Sports @ St Thomas More 9.30am St Thomas More and St Bernard's visit for Year 5 Parents @2.30pm
Friday 26 <sup>th</sup> June	St George's Celebration Day from 9am – all families welcome
Tuesday 30 <sup>th</sup> June	Year 5 & 6 End of Year Performance 1.45pm
Wednesday 1 <sup>st</sup> July	Year 5 & 6 End of Year Performance 9.15am & 6pm
Thursday 2 <sup>nd</sup> July	KS1 Assisi Catholic Sports @ St Teresa's 10am – noon
Friday 3 <sup>rd</sup> July	Year 6 Transition Day TBC
Tuesday 7 <sup>th</sup> July	Year 5 Taster Day
Friday 10 <sup>th</sup> July	Year 6 Leavers Assembly 9.05am
Monday 13 <sup>th</sup> July	Non uniform day for winning house team
Tuesday 14 <sup>th</sup> July	Year 6 Leavers Mass 2pm @ St George's Church
Wednesday 15 <sup>th</sup> July	Rocksteady Concert 9.30am
Friday 17 <sup>th</sup> July	Last day of term

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# 10 Top Tips for Parents and Educators

## HELPING NEURODIVERGENT CHILDREN NAVIGATE THE ONLINE WORLD

Neurodivergent people tend to be early adopters of technology, and many influential innovators in this space are neurodivergent themselves. It's therefore likely that a neurodivergent child or young person may be drawn to the online world from an early age. This isn't a concern in itself, but understanding both the benefits and potential risks is essential. Here are ten key considerations to support safe and positive online experiences for neurodivergent children.

### 1 TREAT ONLINE LIKE THE REAL WORLD

You wouldn't allow a child to cross a road without guidance – you'd hold their hand, use a pedestrian crossing, and model safe behaviour. In the same way, a neurodivergent child's first experiences online should be supported by an adult who can guide and explain safe and responsible digital behaviour to them from the outset.

### 2 MODEL RESPONSIBLE USE

Children learn from what they see. Show all children, regardless of neurotype, what responsible internet use looks like. Reflect on your own use of social media and AI. Consider how often you use them and your own understanding of these platforms. Talk openly about when and why you use these tools, helping all children develop a balanced and informed approach.

### 3 KNOW YOUR LIMITS

Current government guidance suggests no solo screen use below the age of two, with a maximum of one hour per day for two- to five-year-olds. Screen time can support communication and connection when shared with an adult. However, passive watching can affect neurodivergent children's attention and language skills. Focus on the type of content they watch, encouraging slower-paced and meaningful material rather than fast-paced, overstimulating content.

### 4 CONSIDER AGES AND STAGES

For older children and teenagers, agreed limits are important. Screen time can be beneficial, but it should form part of a balanced lifestyle. Neurodivergent children may find online communication easier than real-world conversation, supporting their social interaction. However, it shouldn't be their only option. Encourage a range of activities, including creative play, physical exercise, and opportunities for real-world connections.

### 5 KEEP CONVERSATIONS OPEN

Discussions about online safety should begin early and continue as children grow. However, neurodivergent children may worry about getting things wrong or being misunderstood, meaning these kinds of conversations should feel open and fair, rather than like a lecture. If a child encounters a problem – such as a scam or inappropriate content – they need to feel able to speak to a trusted adult without fear of judgement or embarrassment.

### 6 BUILD YOUR KNOWLEDGE

You aren't expected to be an expert, but it's important to stay informed about the platforms, games, or apps neurodivergent children use in order to provide practical support. Social media platforms have age limits, and many apps and games offer parental settings that can control access. Schools and families should work together to understand these tools, helping neurodivergent children use them safely while keeping up to date with new features and changes.

### 7 SET CLEAR BOUNDARIES

Children and young people often know more about current technology than adults, meaning it's important to recognise that controls may be bypassed. Clear, predictable boundaries should be used, based on trust and consistency. Involving children in discussions that affect them helps them feel heard. This is particularly important for neurodivergent children, who may respond strongly to perceived unfairness.

### 8 UNDERSTAND AI CONTENT

The internet now includes large amounts of AI-generated content, including images, videos, and stories. These can be difficult to identify. Children should be encouraged to question what they see and check the information using trusted sources. Neurodivergent children may interpret content literally, meaning adult guidance is important in helping them recognise what's real and reliable – and what isn't.

### 9 EXPLAIN AI LIMITATIONS

AI isn't the same as a search engine. It generates responses based on prompts and patterns, and its accuracy depends on how it's used. Sometimes, it produces incorrect or unrealistic information, known as 'hallucinations'. Both adults and children need to understand this and learn how to check information carefully using reliable and trusted sources.

### 10 CLARIFY AI RELATIONSHIPS

AI can feel conversational and personal, but it's not capable of real relationships. It learns from patterns in user input rather than human understanding. Some neurodivergent children may experience a sense of connection with AI chatbots, particularly if they find social situations challenging. It's therefore important to explain that these are simulated conversations and aren't a substitute for real, human relationships.

### Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and Advisory Teacher who works with nurseries, schools, colleges, and businesses to improve inclusion for neurodivergent people. She is the Founder and Director of Neuroteachers and the author of 'The Other 29 – How Supporting Your Neurodivergent Learner Can Improve Teaching and Learning for the Whole Class'.



See full reference list on our website



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